



Instagram Live:
Raising Digitally Smart Kids
[52 mins]

An Instagram Live Session on Raising Digitally Smart Kids with Mr Lucian Teo, Father of 3; and Ms Esther Foong-Tan, Mother of 2, where they shared personal experiences and tips on parents' top questions in this digital age:

Topic	Question	Timestamp
Managing Digital Usage	How do I stop my child from	34:53
	playing online games?	
	What is an appropriate age to	38:50
	give children a mobile phone?	



A Facebook Live Session with Director of Educational Technology at MOE, Mr Aaron Loh, and Programme Leader at Singapore Institute of Technology, Dr Jiow Hee Jhee, where they shared what Blended Learning would look like for our students and parents' roles at home.

Topic	Question	Video Timestamp
Home-based Learning	How different is blended learning from Home-Based Learning?	19:41
Managing Screentime	What are some suggestions for parents to manage their children's digital time?	23:02
Guiding Our Children in Blended Learning	How do parents guide children to participate in Blended Learning effectively?	40:00

Facebook Live:

Ask Me Anything About...
Blending Learning
[65 mins]

**Cyber Wellness education** 

MOE's Cyber Wellness education focuses on helping our students to be responsible digital learners. Check out additional resources from external agencies like <a href="Media Literacy Council">Media Literacy Council</a> and <a href="S.U.R.E. by National Library Board">S.U.R.E. by National Library Board</a> to support our student's digital journey.

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